

**MY LIFE - MY DECISION**

**THE HARD TRUTH**

**Personal Safety for Teens**

Teaching situational awareness & empowering young people to make the right decisions

**GROOMING**

**EXPLOITATION**

**KNIFE CRIME**

**COUNTY LINES**

Written & delivered by former gang unit officers with specialist investigation, disruption, intelligence and safeguarding experience.

**Educate  
Equip  
Empower**



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# About us

With extensive specialist operational and training experience within law enforcement and the private security industry, the Saturn team are experts in the field of situational awareness & personal safety - having delivered consultation and training solutions throughout their careers for a range of clients across the public and private sectors, including City Councils, independent educational establishments, high-net-worth individuals, corporations and global organisations.



Colchester  
City Council



Framlingham  
COLLEGE



University of Essex  
QATAR  
الخطوط الجوية القطرية



United  
Nations

*We are very passionate about helping people to stay safe, drawing upon our vast experience to develop high quality training that is balanced and relevant to our clients needs*

Simon Clarke  
Managing Partner



## Simon Clarke

Simon served with Essex Police (UK), the majority within the Specialist Operations Department and Tactical Firearms Unit. Trained in overt and covert armed policing, surveillance, close protection and counter terrorism.

Experienced in specialist unarmed combat tactics and numerous martial arts, Simon is a Btec level 3 accredited self defence instructor.

SIA accredited, Simon currently works within the private security sector as a Behavioural Detection operative as well as providing close protection services for a range of clients including A list celebrities and sporting franchises.

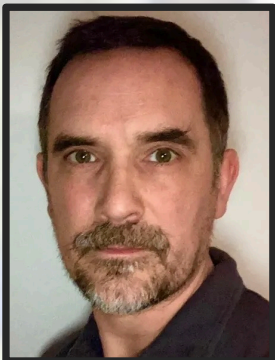


## Lea Westby

Lea served with Essex Police (UK). His expertise was recognised and utilised early in his career where he led a proactive team undertaking operations and taskings in relation to public order policing, public protection during night time economy and tackling violent & acquisitive street crime.

Lea spent several years as part of a specialist team tasked with investigation and disruption of County Line drug gangs.

As a trainer, Lea is a 4th Dan martial arts instructor and former Police defensive skills instructor. He is also a Btec level 3 accredited self defence instructor.



## Andy Bareham

Andy served a diverse career with Essex Police (UK). Early years within a proactive street crime team before moving into armed policing at an international airport, undertaking anti-terrorism and core policing duties & operations.

As a Detective, Andy spent many years in both serious crime investigation and as a covert intelligence operative.

Andy is a former Police defensive skills instructor and within the commercial sector, has previously delivered disruptive passenger training for international airlines. Andy currently consults for a leading UK Hostile Behaviour Detection Training provider for Police, Border forces, Military Units and commercial security teams.

# My Life – My decision – The hard truth

Written & delivered by former Gang Unit Police Officers with vast experience in:

- Investigation and disruption of gang criminality
- Identifying vulnerable individuals and implementation of safeguarding measures.

## A real and growing threat to our young people

County lines is a phenomenon in which urban gangs expand their drug operations into rural and suburban areas. Vulnerable individuals, including children and young adults, are recruited to transport and sell drugs in these areas, leading to a range of criminal activities and exploitation. Gang-related criminality often involves various forms of violence, including stabbings, shootings, and assaults. These acts may be driven by disputes between rival gangs, drug-related conflicts, or the need to establish dominance in a particular area.

Young and vulnerable people are often groomed and influenced to see involvement in gangs as a way to gain money, status, and respect, especially when they lack legitimate avenues for success.

Social media platforms have become tools for gang recruitment, communication, and even the glorification of gang culture.

**In essence, the impact of gang criminality is reaching further than ever with regards to the demographic of both recruitment and victims.**

## Our Mission – To educate & empower

The objective of our training is:

- **To educate young people regarding the methods used to groom and exploit into gangs**
- **To show the impactful realities of gang criminality, knife related violence and its consequences**
- **To teach relevant principles and visual systems for situational awareness – promoting a protective mindset in order to observe, evaluate and avoid danger in a balanced and timely fashion**
- **Highlight areas of support**

## Who is it for

Our program is intended for any young person year 9 upwards.

## Duration & Format

- This is a 2-hour seminar-based package, consisting of two 45-minute inputs with a 10-minute break between and 20 minutes of Q&A at the end.
- This format is intended to be cost effective, enabling delivery for entire year groups.

*Vulnerable individuals, including children and young adults, are recruited to transport and sell drugs*



*A seminar based delivery, striking the balance of being impactful, concise and cost effective*

**For more information about this package, other courses and bookings - simply contact us via email [info@saturnprotectivesolutions.com](mailto:info@saturnprotectivesolutions.com)**



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